



TORONTO COMMUNITY CRISIS SERVICE (TCCS)

Call 2-1-1 or 9-1-1 to access service

AREAS OF SERVICE:

DOWNTOWN EAST
Boundaries:
•North: Bloor St. E to the Prince Edward Viaduct
•East: Don River to Lakeshore Blvd. to the Don Roadway
•South: Toronto shoreline
•West: Yonge St. to Dundas Square, East to Victoria St., Dundas St. E, Yonge St.

DOWNTOWN WEST

Boundaries:
•North: Canadian Pacific Railway Line
•East: Spadina Ave. and Lower Spadina Ave.
•South: Toronto shoreline
•West: Dufferin St. South to Queen St., West to Roncesvalles Ave., South from Roncesvalles to the shoreline

NEED TO KNOW NUMBERS

TORONTO WITHDRAWAL MANAGEMENT SERVICES
Central: 1-866-366-9513
Toronto Area: 416-864-5040

EMERGENCY
Police, fire, medical: 911
Non-Emergency: 416-808-2222

ASSAULTED WOMEN'S HELPLINE
Toll-free: 1-866-863-0511

DISTRESS CENTRES
Phone: 416-408-HELP (4357)
*24-hour telephone support for emotional and suicide intervention/prevention

GERSTEIN CENTRE
Phone: 416-929-5200
*24-hour adult mental health crisis line

KIDS HELP PHONE
Phone: 1-800-668-6868
*24-hour, free, confidential, anonymous telephone counselling for youth

CENTRAL INTAKE
Phone: 416-338-4766
TORONTO COMMUNITY CRISIS SERVICE
Phone: 211 or 911

SUICIDE CRISIS HOTLINE
Phone: 988

*Individuals experiencing or witnessing a mental health crisis. Multidisciplinary crisis teams will respond to calls received based on the call type, location, and availability of teams.

DOWNTOWN TORONTO

DROP-IN AGENCIES WITHIN 1.7KM

OF YONGE & DUNDAS

Winter/Spring 2024



1 CHURCH OF THE HOLY TRINITY

19 TRINITY SQUARE 0.35KM



MEALS (DINE-IN)
•Tues to Fri: 12:00pm – 1:30pm
PHONE: 416-598-4521

Homeless memorial @ noon every second Tuesday of each month w/ lunch at 12:45pm.

2 NATIVE WOMEN'S RESOURCE CENTRE

191 GERRARD ST. E. 1.1KM



FOOD (TAKEAWAY MEALS)
•Mon-Fri: 12pm-1pm
-Grocery support every Monday and Wednesday for registered members only

PHONE: 416-963 - 9963
Note: Clothing bank available by appointment

3 COVENANT HOUSE TORONTO

20 GERRARD ST. E. 0.45KM



DROP-IN HOURS
•Mon to Sun: 12pm-7pm
•If possible, call first

FOOD BANK TIME
•For Youth: Fridays at 11pm-6pm

4 GOOD SHEPHERD CENTRE

412 QUEEN ST. E. 1.7KM



DROP-IN HOURS
•Daily: 9am-11am

FOOD (TAKEOUT) TIMES
•Daily: 2pm-4pm
Open to all genders

PHONE: 416-869-3619
•For adult men: 24/7
Showers are for men only

15 SANCTUARY MINISTRIES

25 CHARLES ST. E. 1.7KM



FOOD (TAKEAWAY MEALS) / SHOWERS
•Tue: 11am-3pm
•Thu: 5pm-9pm

PHONE: 416-922-0628, EXT. 210

13 CRC: CHRISTIAN RESOURCE CENTRE

40 OAK ST. 1.5KM



FOOD (TAKEAWAY MEALS)
•All meals are Halal Mon through Sun
•Mon & Fri: 9am-10am
•Mon, Tue, Thu, Fri: 12pm-1pm
•Sat & Sun: 12:30am-2pm (Muslim Welfare Canada)

PHONE: 416-363-4234

Health card not needed. Please call ahead in case of unexpected changes to service.

11 TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE

439 DUNDAS ST. E. 1.2KM



FOOD (TAKEAWAY)
•Breakfast: Everyday: 9:30am-10am
•Lunch: Everyday: 1pm-1:30pm

DROP-IN
•Mon-Thu: 1:30pm-2:30pm

ADVICE
•Staff available to assist with academic upgrading and skills development

PHONE: 416-360-4350

Health card not needed. Please call ahead in case of unexpected changes to service. Call for food bank availability.

9 SALVATION ARMY GATEWAY

107 JARVIS ST. 1KM



FOOD (TAKE OUT SERVICE)
•Mon, Wed, Thu, Sat & Sun: 5pm first come, first served

PHONE: 416-368-8710

Service is for people aged 23+ Housing worker and Physician available to present clients as well as former clients; by appointment only

16 HAVEN TORONTO

170 JARVIS ST. 0.6KM



DROP-IN HOURS
•Everyday: 8am-5pm

FOOD
•Breakfast: Everyday: 8am-9:15am
•Lunch: Everyday: 12pm-1:15pm
•Snacks: Everyday: 3pm-3:15pm

ACCESS
•Mail service, laundry and showers (for registered clients only): 9:30am-4:30pm

PHONE: 416-366-5377 X227

Men 50+ Health card not needed

14 MARGARET'S TORONTO EAST DROP-IN CENTRE

323 DUNDAS ST. E. 0.85KM



FOOD
•Breakfast: Everyday: 7am-8am
•Lunch: Everyday: 11am-12pm
•Snacks: Everyday: 3pm-4pm

PHONE: 647-367-2100

12 THE 519

519 CHURCH ST. 1.4KM



SENIORS DROP-IN HOURS
•Mon & Wed: 2pm-4pm

FOOD (MEALTRANS)
•Tue: 5:30pm-8:30pm (for Trans-identifying individuals only)

TAKEAWAY MEALS
•Sun: 4pm-4:45pm

FROZEN MEALS
•Tue-Thu: 10am-12pm & 1pm-4:45pm

PHONE: 416-392-6874

Services are for individuals who identify as LGBTQ2S+, Health card not needed

10 ST JAMES CATHEDRAL

106 KING ST. E. 0.95KM



FOOD (TAKEAWAY LUNCH)
•Fri: 1:30pm-3:30pm

FOOT CARE CLINIC (BY APPOINTMENT)
•Thu: 9am-12pm
•Fri: 1pm-3pm

PHONE: 416-364-7865 X222

Health card not needed

8 FRED VICTOR: OPEN HOUSE DROP-IN

75 ELIZABETH ST. 0.5KM



FOOD (TAKEAWAY AT THE WINDOW)
•Mon-Fri: 11am & 4pm

DROP-IN HOURS
•11am-12:30pm
•2:30pm-4:30pm

PHONE: 416-364-8228

Housing helps on last Wednesday of each month; ID clinics Thursdays at 1:30pm

6 ADELAIDE RESOURCE CENTRE FOR WOMEN

67 ADELAIDE ST. E. 0.85KM



HOURS OF OPERATION
•Open 24/7, limited capacity

FOOD (TAKEOUT)
•Breakfast: 8:15am
•Lunch: 12pm
•Dinner: 6pm

PHONE: 416-364-7739

Women only, no children Health card not needed

7 ALL SAINTS' CHURCH COMMUNITY CENTRE

315 DUNDAS ST. E. 0.85KM



DROP-IN HOURS
•Mon, Tue, Thu: 8:30am-2:30pm
•Wed: 10:30am-3pm

FOOD
•Breakfast: Mon, Tue & Thu: 9:30am
•Lunch: Mon to Thu: 12:30pm for drop in program – take out at 1:00pm in parking lot

PHONE: 416-368-7768

Capacity of 30 people indoors

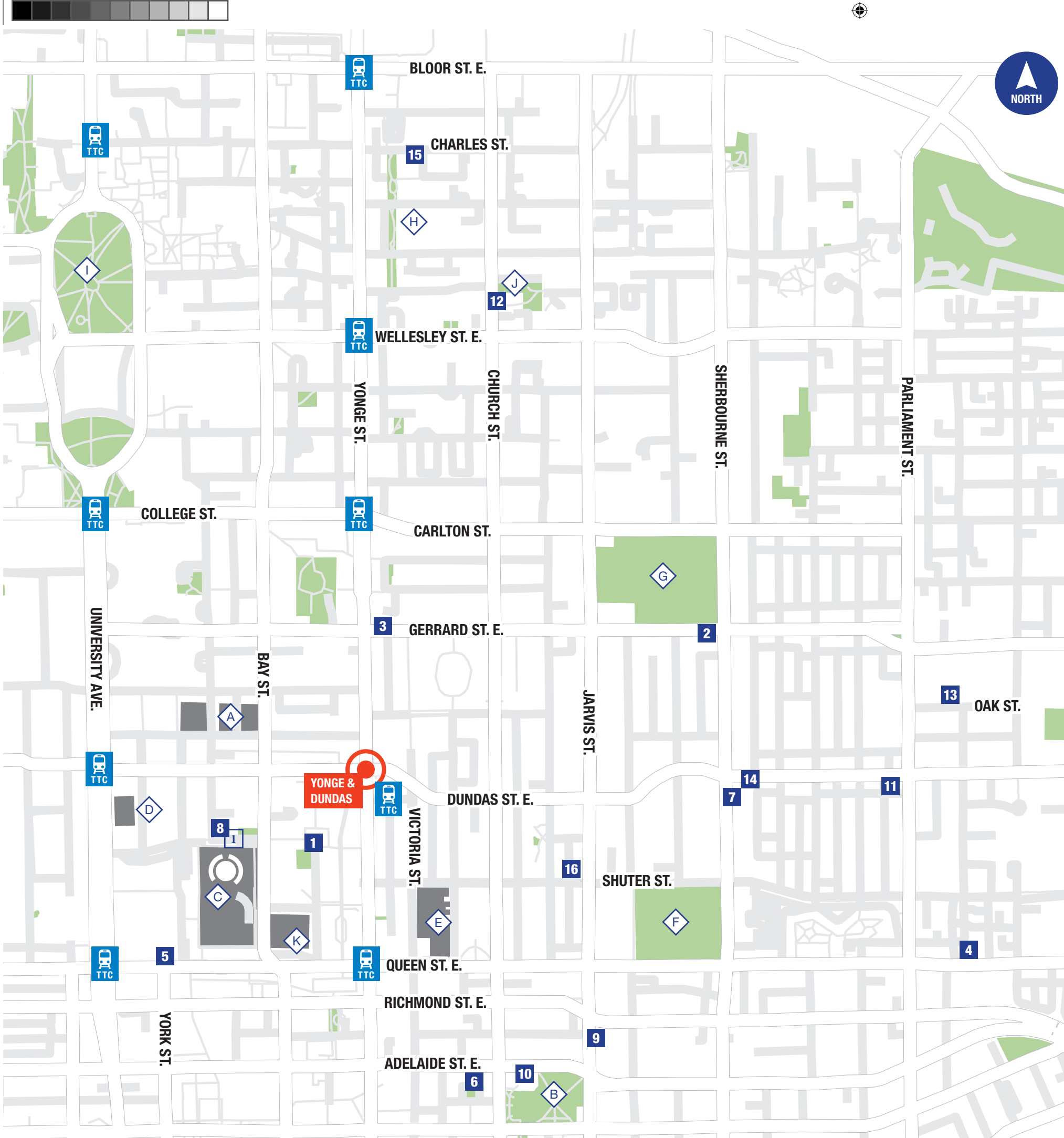
5 LAWYERS FEED THE HUNGRY

130 QUEEN ST. W. 1KM



FOOD (DINE-IN AVAILABLE)
•Tue & Wed: 5pm
•Thu: 6:45am
•Sun: 10am
•NOTE: Dine-in starting mid June

PHONE: 416-947-3412



DOWNTOWN TORONTO DROP-IN RESOURCE

DROP-IN AGENCIES WITHIN 1.7KM OF YONGE & DUNDAS
WINTER/SPRING 2024

DROP-INS

- 1 CHURCH OF THE HOLY TRINITY**
19 TRINITY SQUARE
- 2 NATIVE WOMEN'S RESOURCE CENTRE**
191 GERRARD ST. E.
- 3 COVENANT HOUSE TORONTO**
20 GERRARD ST. E.
- 4 GOOD SHEPHERD CENTRE**
412 QUEEN ST. E.
- 5 LAWYERS FEED THE HUNGRY**
130 QUEEN ST. W.
- 6 ADELAIDE RESOURCE CENTRE FOR WOMEN**
67 ADELAIDE ST. E.
- 7 ALL SAINTS' CHURCH COMMUNITY CENTRE**
315 DUNDAS ST. E.
- 8 FRED VICTOR: OPEN HOUSE DROP-IN**
75 ELIZABETH ST.
- 9 SALVATION ARMY GATEWAY**
107 JARVIS ST.
- 10 ST. JAMES CATHEDRAL**
106 KING ST. E.
- 11 TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE**
439 DUNDAS ST. E.
- 12 THE 519**
519 CHURCH ST.
- 13 CRC (CHRISTIAN RESOURCE CENTRE)**
40 OAK ST.
- 14 MARGARET'S TORONTO EAST**
323 DUNDAS ST. E.
- 15 SANCTUARY MINISTRIES**
25 CHARLES ST. E.
- 16 HAVEN TORONTO**
170 JARVIS ST.

LEGEND

- Toronto Subway Access
- Yonge & Dundas Intersection

LANDMARKS

- Toronto Coach Terminal
- St. James Park
- Toronto City Hall / Nathan Phillips Square
- University Ave. Courthouse
- St. Michael's Hospital
- Moss Park
- Allan Gardens
- George Hislop Park
- Queen's Park
- Barbara Hall Park
- Old City Hall

WINTER WARMING CENTRES

- FRED VICTOR**
75 Elizabeth St.

UPDATED DECEMBER 1, 2023